



DISTRICT COUNCIL OF GRANT

MEDIA RELEASE

For Immediate Release

15 October 2018

Celebrating the valuable contribution of seniors

Free events will be presented by the District Council of Grant in October to celebrate the valuable contribution the senior population have made and continue to make to our community. Senior Festival events will include lunches and presentations being held at various locations in the district. One lunch during the festival will be provided free to District of Grant senior residents, however anyone over 55 may attend any, or all, of the events at their own expense.

Presentations about local bush tucker, living in China and a local success story are on the agenda. Pauline Gower from St John Ambulance will also be provide a short hands-on demonstration at each presentation to show how easy it is to use a defibrillator, which could save a loved ones' life.

Lunch will be hosted at the Pines Hotel Tarpeena on Tuesday 23rd October starting at 11am with a Boandik Bush Tucker presentation by local identity Ken Jones. Ken, from Bush Repair Culture Education, is also an Associate Lecturer, Aboriginal and Torres Strait Islander Health at Flinders University Rural Health, and is keen to share his knowledge, as well as samples of bush tucker.

On Wednesday 24 October, at the Port MacDonnell Community Complex, Ben Hood from HelloFriday will talk about the growing success of George the Farmer at 11am. There will also be an opportunity to purchase George the Farmer books and book signing. After defibrillator training, lunch will follow at the Shipwreck Bistro in Port MacDonnell. The Port MacDonnell & District Maritime Museum will offer free entry to seniors all day and the Port MacDonnell Community Gallery has two free exhibits to view; Submerged, Stories of Australia's Shipwrecks and a South East Art Society Exhibition.

Principal Office:
324 Commercial St West, Mount Gambier
PO Box 724
Mount Gambier SA 5290

Telephone: (08) 8721 0444
Fax: (08) 8721 0410
Email: info@dcgrant.sa.gov.au

Branch Office:
Corner of Charles & Meylin Streets
Port MacDonnell SA 5291

The Bellum Hotel will be the venue for lunch on Thursday 25th October, with free transport provided from Donovans and Carpenter Rocks. Snowie Bai from FuRui Exchange will speak at 11am about how different her life is now she is living in the District Council of Grant after growing up in China and what it's like to be a Chinese visitor to Australia.

The Seniors Festival program is available on www.dcgrant.sa.gov.au. Bookings are required for most events as places are limited; please phone Port MacDonnell Community Complex on 8738 3000 or email pmcc@dcgrant.sa.gov.au for further information and bookings.

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PHOTO CAPTION:

Port MacDonnell & District Maritime Museum is offering free entry to any senior person (55+) from 9am to 5pm on Wednesday 25th October as part of the District Council of Grant Seniors Festival.



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Media Contact:	Title Name Contact Number Email	Deputy CEO Jane Fetherstonhaugh 8721 0444 jane.fetherstonhaugh@dcgrant.sa.gov.au
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